



Lakeland Regional Health®

DISCOVER

PROGRAM

Healthcare Career Shadow Day

FOR HIGH SCHOOL STUDENTS

Program Overview

The Healthcare Career Shadow Day for High School Students is an academic education program for Juniors and Seniors who are interested in learning more about clinical or non-clinical careers in the Healthcare Industry. It occurs on the first Wednesday of each month during the school year (September through May), from 8AM - 3PM, and takes place at Lakeland Regional Medical Center (1324 Lakeland Hills Blvd., Lakeland, FL 33805). Each monthly cohort will be limited to fifteen (15) students and will involve a Program Application, a Notarized Form from a Parent/Guardian, and a Vaccine Verification from School Records.

Program Application

High school students who are in their Junior or Senior year can apply by scanning the QR code or visiting myLRH.org/Discover and clicking on the link for the Healthcare Career Shadow Day.



If you have any questions, please contact our Talent Services Center at 863.687.1310 or at TalentServices@myLRH.org.

Program Schedule

Students will participate in department tours, engage with healthcare professionals and physicians, and enjoy insightful presentations from experts in the fields of medicine and business. The sample schedule for the day is illustrated below.

8-8:30AM	Introductions and Orientation
8:30-9AM	Radiology Department Tour
9-9:30AM	Entry-Level Healthcare Careers Classroom Presentation <i>(e.g. Certified Medical Assistant, Certified Pharmacy Tech, Certified Sterile Processing Tech, Central Supply Logistics Tech, Patient Financial Services)</i>
9:30-10AM	Respiratory Classroom Presentation
10-10:30AM	Health Information Management Classroom Presentation
10:30-11:30AM	Laboratory Department Tour
11:30-12:30PM	Lunch Provided with Guest Speaker Dr. Daniel Haight
12:30-1PM	Nursing Emergency Department Trauma Room Tour
1-1:30PM	Nursing Simulation Room Department Tour
1:30-2:30PM	Nursing Operating Department Surgical Room Tour
2:30-3PM	Information Technology Department Tour