



Call for Abstracts 2026

4th Annual Central Florida Research Symposium Hosted by Lakeland Regional Health

Lakeland Regional Health invites you to submit an abstract across various formats of scholarly activity to be considered for podium or poster presentation at the 4th Annual Central Florida Research Symposium, which will be held at Lakeland Regional Health, Lakeland, FL on April 29th, 2026. All abstracts, not to exceed 500 words, are to be submitted using LRH's abstract submission process using the Qualtrics link below.

Abstract submissions must be received by 11:59 PM Eastern Time on **March 18th, 2026**. Absolutely no extensions will be granted.

Notifications will be sent in late March 2026 regarding if your abstract has been accepted for a poster or podium presentation. All presenters are required to register for the conference and attend in person unless otherwise arranged. If the primary author of an abstract is unable to attend the conference, the author should make arrangements for another individual to present the paper or poster, and that individual must register for the conference. The conference registration form is available using the link below. Please note: if you are submitting an abstract, you must also register for the conference in order to attend.

Eligibility and Selection Criteria

General Eligibility: All completed or in-progress research abstracts will be considered, regardless of prior presentation at regional, national, or international conferences. Recently published (or accepted for publication) research will also be considered, provided the submitting author complies with copyright and permission laws as applicable.

For this conference, "recently published" research is defined as work published within 12 months before the submission deadline. Research published or accepted for publication before this cutoff may be eligible for poster presentations, depending on space and topic-relevance.

In addition to Research, projects in the following categories will be considered this year: case reports/series, quality improvement, evidence-based medicine, evidence-based practice, and proposed research (not in progress or completed research projects).

All submitted abstracts across all categories will be considered for poster presentation, with a select group being selected for podium presentations.

Categories and Submission Instructions

Research Abstracts (Completed Studies)

Research abstracts highlight completed studies, including traditional research, instrument development, systematic reviews, scoping reviews, meta-analyses, and meta-syntheses.

Submission Content:

Title: A concise and descriptive title.

Purpose/Aims: State the primary objectives or questions addressed by the research.

Rationale/Background: Provide a brief review of the problem being addressed, the significance of the study, and its potential contribution to the field.

Methods: Describe the study design, population/sample, data collection methods, and analysis. Emphasize rigor and adherence to ethical standards where applicable.

Results: Present key findings, including data and statistical analyses (if applicable). Highlight significant outcomes that support the study's objectives.

Implications: Discuss how the findings translate into practice, impact policy, or inform future research.

Keywords: Provide 3–5 keywords that reflect the focus of the study.

Project Papers (QI, EBP, EPM)

These abstracts focus on activities that translate evidence to practice or generate practice-based evidence, often within a single organization or system.

Submission Content:

Title: A concise and descriptive title.

Purpose/Aims: Define the objectives or goals of the project.

Rationale/Background: Provide context, including the problem being addressed and why the initiative is important.

Description of the Undertaking: Explain the project’s framework, methodology, or approach. Describe how the change or improvement was measured, and the tools or metrics used.

Findings/Outcomes: Highlight the results achieved, whether qualitative or quantitative. Discuss the significance of these findings within the organization.

Conclusions and Next Steps: Summarize the project’s implications for policy, practice, and future research. Include recommendations for broader implementation or follow-up projects.

Keywords: Provide 3–5 keywords that reflect the focus of the project.

Case Reports/Case Series

These abstracts showcase unique clinical cases, including diagnostic challenges, innovative treatment approaches, or uncommon conditions with significant implications for clinical practice.

Submission Content:

Title: A concise and descriptive title.

Introduction/Background: Provide context and relevance of the case(s).

Clinical Case Description: Describe the patient(s), diagnostic process, treatment provided, and follow-up. Include relevant clinical data and imaging where appropriate.

Lessons Learned/Conclusions: Emphasize the key learning points, their applicability to practice, and broader clinical implications.

Keywords: Provide 3–5 keywords that reflect the focus of the case(s).

Proposed Research

This category is for abstracts describing research studies that are in the planning or conceptual phase and have not yet started.

Submission Content:

Title: A concise and descriptive title.

Background and Significance: Provide an overview of the problem or knowledge gap the proposed research aims to address. Clearly articulate why this study is important and its potential impact on practice, policy, or theory.

Research Objectives: Define the primary aims or research questions, emphasizing their alignment with the identified problem or gap.

Proposed Methods: Describe the intended study design, population/sample, data collection plans, and analytical strategies. Provide enough detail to demonstrate feasibility and rigor.

Anticipated Contributions: Discuss the potential contributions of the proposed research to the field. Highlight its relevance to practice, theoretical advancement, or methodological innovation.

Potential Challenges and Mitigation Strategies: Briefly address foreseeable barriers (e.g., funding, recruitment) and how these challenges might be managed.

Keywords: Provide 3–5 keywords that reflect the focus of the proposed study.

Selection Criteria

Submissions will be evaluated on:

- **General:** Clarity, logical flow, and significance of the work to the discipline.
- **Category-Specific:** Alignment with the detailed submission criteria for each category.

We look forward to your submissions and showcasing the best in healthcare research and practice.

ABSTRACT SUBMISSION INSTRUCTIONS

Please submit abstracts to the Qualtrics link provided below (Section “Links for Symposium”). All completed and eligible submissions received by **11:59 PM Eastern time on March 18th, 2026** will be reviewed by the Program Committee and qualified volunteers.

The body of your abstract must not exceed 500 words. All individuals involved in the study must be listed in the Authors section of the submission form. If the study was supported in full or in part by a grant, include the grant number and granting organization in the Title section of your abstract. References are discouraged.

Links for Symposium

Link to Abstract Submission: https://lrhcore.qualtrics.com/jfe/form/SV_08pnriexRKL6nmC

Link to Registration:

https://lrhcore.qualtrics.com/jfe/form/SV_6zFCX6IZhmQ42mq

If you have any questions, please contact the Department of Research and Sponsored Studies:

Email: LRH_Research@mylrh.org

Phone: 863-413-5969

