



# Healthcare Careers Shadow Day (for high school students)

*An Innovative Approach  
for Effective Learning*

**1<sup>st</sup> Wednesday of each Month  
(September - May)**

*Application Deadline:  
Last Monday of the Month prior to  
Shadow Date*

Healthcare Careers Shadow Day takes place the first Wednesday of each month during the school year at Lakeland Regional Health Medical Center from 8:00 am until 3:00 pm.

All applications must be submitted to school administration for processing. The school is responsible for forwarding completed packets to Lakeland Regional Health. LRH will notify the school directly of acceptance into this one-day program.

The sessions are limited to the first 15 students per month.

For additional details, please contact our Talent Service Center at 863.687.1310.

# Application Checklist

- Review and submit completed application before the deadline date.
- Review program description/student letter in its entirety.
- Complete Shadow Application (*three signatures required*).
- Complete Tuberculosis Symptom Questionnaire (*parent signature required*).
- Complete Affidavit of Good Moral Character (*notarization required*).
- Parental Consent Form (*notarization required*).
- Obtain any missing vaccinations or tests so that your school can complete their attestation.
- Submit completed Student Attestation (*signed by authorized school representative*).

Dear Student:

Thank you for your interest in our monthly Healthcare Careers Shadow Day for high school students at Lakeland Regional Health Medical Center. This program is open to students that are in their Junior or Senior year. This program provides a unique opportunity for participants to spend time at an actual work site, observing professionals and support staff as they pursue their day to day activities. Following a brief orientation session, students will participate in department tours, engage with healthcare professionals and providers, and enjoy insightful presentations from experts in the fields of medicine and business.

Participation and enrollment is based on the application received date, as this program is limited to 15 applicants per month and is open to county-wide high schools. This program also requires a high level of responsibility and accountability from everyone as our first responsibility at Lakeland Regional Health is to our patients. While you are with us, please respect the privacy and comfort of our patients and families by avoiding disruptive behaviors including, but not limited to, loud talking, music or other activities that may disturb their care.

Accepted dress code for students: School uniform shirts with slacks (no capris, shorts or jeans permitted). Non-slip, clean, closed-toe and closed-heel footwear is suggested (no flip flops, crocs, or sandals). Students may also wear their school scrub uniforms, if applicable. Long hair is to be secured with hair fastener. No heavy perfume/cologne or long dangling jewelry. No cell phones are allowed. Please wear your student ID at all times during your shadow experience. ID badges are not provided by LRH. Limit the number of personal belongings that you bring.

Lunch will be provided by LRH. You will be expected to provide your own transportation to and from the hospital. Designated student parking is available at the hospital next to the Laundry building located on Buena Vista Street. A sign indicates the student parking lot. Please do not park in any other lots to avoid parking violations.

If you are interested in the LRH Healthcare Careers Shadow Day experience, complete the attached application form and return it to your designated representative at **your school**. Selection is made on a first come, first serve basis. We will make every effort to accommodate your request.

If you have any questions or need assistance while you are at Lakeland Regional Health, please do not hesitate to contact me at 863-687-1310. If you are unable to make your shadowing experience, please call us immediately to cancel.

We look forward to seeing you at the Lakeland Regional Health Medical Center campus!

Best Regards,

*Darcy King*

Darcy King  
Lakeland Regional Health Talent Division  
Manager of Volunteer & Concierge Services

# Lakeland Regional Health Healthcare Careers Shadow Day Application

Please PRINT CLEARLY

Current Date: \_\_\_\_\_ Shadow Date: \_\_\_\_\_

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact phone: \_\_\_\_\_  Home  Cell

Email Address: \_\_\_\_\_ Grade Level: \_\_\_\_\_

School you attend: \_\_\_\_\_ School phone number: \_\_\_\_\_

Name of person to call in the event of an emergency: \_\_\_\_\_

Relationship to you: \_\_\_\_\_ Their Contact Number: \_\_\_\_\_

Allergies (if any) \_\_\_\_\_ Current medical conditions (if any) \_\_\_\_\_

As a participant, I agree to abide by the expectations outlined in the packet.

**(Please print this document to provide signatures below)**

Applicant signature: \_\_\_\_\_

Parent/Guardian signature: \_\_\_\_\_

Teacher Sponsor signature: \_\_\_\_\_

**Please give your complete application to your Instructor, Guidance Counselor or Program Director (whomever your school designates). They will review it and email it to [Darcy.King@myLRH.org](mailto:Darcy.King@myLRH.org).**

# LRH TB QUESTIONNAIRE

Annual review - New Hires – **Students** – Volunteers

Name \_\_\_\_\_ Date \_\_\_\_\_

		YES	NO	DON'T KNOW
1.	Have you been tested for TB within the last 6 months?	Y	N	DK
	If yes, circle type: TST (PPD skin test) or IGRA (Blood test – QuantiFERON or T-Spot)			
	Date of test: _____ Result: _____			
2.	In the past year, have you had any of the following symptoms?			
	Coughing up blood (hemoptysis):	Y	N	DK
	Hoarseness lasting 3 or more weeks:	Y	N	DK
	Persistent cough lasting 3 or more weeks:	Y	N	DK
	Unexplained excessive fatigue:	Y	N	DK
	Unexplained persistent fever lasting 3 or more weeks:	Y	N	DK
	Unexplained excessive sweating at night:	Y	N	DK
	Unexplained weight loss:	Y	N	DK
3.	Since your last TB test have you...			
	Been notified of a potential TB exposure?	Y	N	DK
	Traveled out of the country?	Y	N	DK
	List countries: _____			
	Visited any jails, prisons, or detention centers anywhere for any reason?	Y	N	DK
4.	Have you had a chest X-ray within the last year?	Y	N	DK
	If yes: Date: _____ Result: _____			
5.	Have you ever been told by a health care provider that you have TB?	Y	N	DK
	If yes, were you treated?	Y	N	DK
6.	Have you ever been told you have latent TB (LTBI)?	Y	N	DK
	If yes, were you treated?	Y	N	DK
7.	Have you ever received the BCG vaccine?	Y	N	DK
8.	Have you been told that you are immunocompromised or cannot fight infection?	Y	N	DK
9.	Have you had pneumonia within the last year?	Y	N	DK
10.	Have you ever lived or had close contact with someone who has/had active TB?	Y	N	DK
11.	Have you ever been told you have an abnormal chest x-ray?	Y	N	DK
12.	Have you ever worked where patients with active TB receive care or services?	Y	N	DK
13.	Were you born within the US?	Y	N	DK
	If not, name country: _____			
14.	Comments:			
	_____ _____ _____			

Signature \_\_\_\_\_

## AFFIDAVIT OF GOOD MORAL CHARACTER

STATE OF FLORIDA

COUNTY OF \_\_\_\_\_

BEFORE ME this day personally appeared \_\_\_\_\_  
who, being duly sworn, deposes and says:

I hereby attest that I am of good moral character, that I have not been found guilty of, regardless of adjudication, or entered a plea of nolo contendere or guilty to, any offense prohibited under any of the following provisions of the Florida Statutes or under any similar statute of another jurisdiction:

- (a) Section 415.111 relating to adult abuse, neglect, or exploitation of aged persons or disabled adults.
- (b) Section 782.04 relating to murder.
- (c) Section 782.07 relating to manslaughter.
- (d) Section 782.071 relating to vehicular homicide.
- (e) Section 782.09 relating to killing an unborn child by injury to the mother.
- (f) Section 784.011 relating to assault, if the victim of the offense was a minor.
- (g) Section 784.021 relating to aggravated assault.
- (h) Section 784.03 relating to battery, if the victim of the offense was a minor.
- (i) Section 784.045 relating to aggravated battery.
- (j) Section 787.01 relating to kidnapping.
- (k) Section 787.02 relating to false imprisonment.
- (l) Section 794.011 relating to sexual battery.
- (m) Chapter 796 relating to prostitution.
- (n) Section 798.02 relating to lewd and lascivious behavior.
- (o) Chapter 800 relating to lewdness and indecent exposure.
- (p) Section 806.01 relating to arson.
- (q) Section 810.02 relating to burglary.
- (r) Chapter 812 relating to theft, robbery, and related crimes, if the offense is a felony. (See 812.014, 812.0145, 812.015, 812.016, 812.019, 812.0191, 812.0195, 812.081, 812.13, 812.131, 812.133, 812.135, 812.14, 812.155, 812.16).
- (s) Section 817.563 relating to fraudulent sale of controlled substances, only if the offense was a felony.

- (t) Section 826.04 relating to incest.
- (u) Section 827.03 relating to abuse, aggravated abuse and neglect of a child.
- (v) Section 827.04 relating to contributing to the delinquency or dependency of a child.
- (w) Section 827.071 relating to sexual performance by a child.
- (x) Chapter 847 relating to obscene literature.
- (y) Chapter 893 relating to drug abuse prevention and control, only if the offense was a felony or if any other person involved in the offense was a minor.

I further attest that I have not been judicially determined to have committed abuse or neglect against a child as defined in Section 39.01(2) and (44), Florida Statutes; nor do I have a confirmed report of abuse, neglect, or exploitation as defined in Section 415.102, Florida Statutes; nor have I committed an act which constitutes domestic violence as defined in Section 741.28, Florida Statutes.

Under the penalties of perjury, I declare that I have read the foregoing, and the facts alleged are true to the best of my knowledge and belief.

\_\_\_\_\_  
AFFIANT

OR

To the best of my knowledge and belief, my record may contain one of the foregoing disqualifying acts or offenses:

\_\_\_\_\_  
AFFIANT

SWORN TO AND SUBSCRIBED before me this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_, by \_\_\_\_\_, who is personally known to me or has produced \_\_\_\_\_, as identification, and who did take an oath.

\_\_\_\_\_  
Signature of Notary Public-State of Florida

\_\_\_\_\_  
Print, Type or Stamp Name of Notary Public

\_\_\_\_\_  
Title or Rank

\_\_\_\_\_  
Serial Number, if any

## Parental Consent, Medical Authorization, and Release of Liability Form

Name of Student: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Parent(s) Business Phone: \_\_\_\_\_ Parent(s) Cell Phone: \_\_\_\_\_

Parent(s) Home Phone: \_\_\_\_\_

Name of Student's High School: \_\_\_\_\_

Health Insurance:  Yes  No Policy Number: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

I, \_\_\_\_\_, (name of parent) the parent and/or legal guardian of

my minor child, \_\_\_\_\_, (name of child) do hereby give permission for my child to attend and participate in a supervised work-based educational program at Lakeland Regional Medical Center, Inc. (the "Hospital") sponsored by The School Board of Polk County Florida, and/or the Hospital. I understand that my child, by participating in a supervised work-based educational program, is in no way being employed by the Hospital, and my child shall not be entitled to receive any compensation, wages, insurance, or work benefits from the Hospital as a result of said participation.

**Reasonable Suspicion Drug Testing.** I hereby give consent and authorize the Hospital to perform reasonable-suspicion drug testing of my child when my child's performance, behavior, conduct, appearance or other observable characteristics suggest drug use or possession of drugs while participating in a work-based educational program at the Hospital.

**Medical Authorization.** In the event my child is injured or becomes ill while at the Hospital, I hereby authorize the Hospital and its personnel to provide appropriate medical care or treatment to my child as they deem necessary or advisable. I understand and agree that I shall be liable for all costs and expenses incurred in connection with such medical care or treatment rendered to my above-mentioned minor child pursuant to this authorization.

**Release of Liability.** In consideration of my minor child listed above being accepted for participation in a work-based educational program at the Hospital, I do for myself and for and on behalf of said child, hereby release, forever discharge and agree to hold harmless the Hospital, and its related and affiliated corporations, officers, directors, employees, administrators, and agents, from any and all claims, causes of action, damages, and demands whatsoever in law or in equity, including without limitation any and all claims or causes of action for personal injury, sickness, or death, as well as property damages and expenses of any nature whatsoever, which may be incurred by me or my child resulting from my child's participation in a work-based educational program at the Hospital or resulting from any reasonable-suspicion drug testing of my child.

**I acknowledge that I have read this consent and release in its entirety and understand fully its contents and voluntarily execute it realizing what I am doing by signing it. I further acknowledge that all of my questions have been answered to my satisfaction and that I have proper legal custody of my child named above.**

\_\_\_\_\_  
(Parent or Legal Guardian Signature)

Date: \_\_\_\_\_

\_\_\_\_\_  
(Print Name of Parent or Legal Guardian)

State of Florida  
County of \_\_\_\_\_

The foregoing Parental Consent, Medical Authorization, and Release of Liability Form was acknowledged before me this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_, by \_\_\_\_\_ (name of parent or guardian) who is known to me or who has produced \_\_\_\_\_ (type of identification) and who did take an oath.

[SEAL]

\_\_\_\_\_  
Signature of Notary Public

\_\_\_\_\_  
Print, Type or Stamp Name of Notary Public



**STUDENT ATTESTATION**

Dear Sir or Madam:

I hereby certify that the student whose name appears below has complied with all of the requirements set forth in the Affiliation Agreement between Lakeland Regional Medical Center, Inc. ("LRH"), and The School Board of Polk County, Florida (the "School Board"), including, without limitation, the following:

- (i) Attestation of the individual's good moral character; as affirmed by notarized Affidavit of Good Moral Character.
- (ii) Compliance with the current immunization requirements. See list attached to application.
- (iii) Proof that each student has current accident insurance or personal health insurance coverage for them for any personal accident or injury that may occur while at LRH; and
- (iv) Proof that the student, prior to his/her initial assignment to LRH, has received a favorable teacher recommendation for participation in the particular program selected.

I further certify that the School Board has adequate records showing all of the above and would be able to provide those records to LRH if requested. This certification applies to the following student:  
\_\_\_\_\_.

**HIGH SCHOOL REPRESENTATIVE**

Sign: \_\_\_\_\_

Print Name: \_\_\_\_\_

Title: \_\_\_\_\_

**Lakeland Regional Health**  
**Immunization, Testing, of Educational Requirements for Shadow Students**

The individual is required to have the following prior to being assigned to the Hospital:

1. Tetanus-Diphtheria-Pertussis (Tdap) or Tetanus and Diphtheria Toxoids (Td) booster within past 10 years, according to the following specification: Individuals who have not received the Tdap booster, or for whom vaccine status is unknown, should receive a dose of Tdap followed by Td booster doses every ten (10) years thereafter, regardless of the interval since the last dose of Td. Individuals who have not received the Tdap booster or for whom vaccine status is unknown are restricted from certain high-risk areas (including, but not limited to, OB, Pediatrics, NICU, or the Pediatric Emergency Department) or from contact with infants under the age of six (6) months;
2. M.M.R. (measles, mumps, rubella) Vaccine: any individual born after December 31, 1956, and who has no proof of immune status to measles (rubeola, also known as “hard measles”) will be considered non-immune; any individual regardless of birthdate without proof of immune status to rubella (also known as “German measles”) will be considered non-immune;

Proof of immunity will consist of written documentation of one of the following:

Documentation of receipt of two doses of M.M.R. vaccine on or after the first birthday, OR, Laboratory evidence of rubeola and rubella immunity;

3. Varicella (chicken pox) history and a Varicella titer. If an individual with a negative hx or titer is exposed to Varicella, the individual may not participate in clinical learning experiences at the Hospital from day 10-21 post exposure. If at any time the individual develops a Varicella rash, the individual may not participate in clinical learning experiences at the Hospital until all lesions are dry and crusted. Exposed individuals shall report their Varicella exposure to the appropriate supervisor of the Hospital;
4. Seasonal Influenza Immunization as recommended by the Centers for Disease Control and Prevention (CDC) and/or the Advisory Committee on Immunization Practices (ACIP) within the past year;
5. Completion of attached TUBERCULOSIS SYMPTOM QUESTIONNAIRE;
6. Proof of either hepatitis B vaccination, antibody testing revealing immunity to hepatitis B, or declination of hepatitis B vaccination signed by the individual who chooses not to accept vaccination (any such declination shall be in the form provided for in Title 29 Code of Federal Regulations, Part 1910.1030, as may be amended);
7. Completion of OSHA mandated blood borne pathogens education program, including instructions regarding reporting, treatment, and follow-up of blood/body fluid exposure. This requirement is met by successful completion of the Orientation Handbook when you arrive at your Shadow Day.

The Hospital is not responsible for any expense incurred by the School Board, the students, vocational trainers or faculty members as a result of obtaining or maintaining any of the above listed requirements. Notwithstanding the foregoing requirements set forth in this list, the Hospital shall have the right to revise the above listed requirements or request additional documentation for evidence of good health from time to time, including all health requirements (testing and immunization) and proof of completion of certain healthcare worker education programs.