

LAKELAND REGIONAL HEALTH INPATIENT REHABILITATION POLICY

Scope of Services

POLICY

The Bannasch Institute for Advanced Rehabilitation Medicine encourages the attainment of the highest possible level of patient independence and self-sufficiency across environments while protecting and promoting the rights of the patients. The fundamental responsibility of the Bannasch Institute for Advanced Rehabilitation Medicine is to influence positive changes in our patients' functional abilities. This is accomplished by the interdisciplinary team working together with each individual patient and family to decrease impairments, reduce or eliminate activity limitations, decrease participation restrictions, and overcome environmental and other contextual barriers in order to promote the patient's return to the community.

- Impairments are the result of pathology, disease or genetics and may include comorbidities (i.e. paralysis, pain, swallowing dysfunction)
- An activity limitation is an inability or difficulty in executing a task by an individual (i.e. difficulty walking, inability to reach overhead, inability to eat)
- Participation restrictions are limitations in an individual's involvement in life situation (i.e. unable to be employed, unable to care for children/grandchildren, unable to participate in community or leisure activities)

The Bannasch Institute for Advanced Rehabilitation Medicine has been equipped with competent personnel, financial support, leadership, space, materials, equipment, and on-going training and education for personnel to meet the needs of the patients accepted for inpatient rehabilitative care. Availability and coordination of specialized services based on each patient's specific needs leads to the highest possible patient outcomes and patient reintegration in his or her community of choice.

In order to fully inform prospective patients, patient support systems, referral sources, payers, and other relevant stakeholders about the parameters of the program, this policy statement defines the scope of the services provided by the Bannasch Institute for Advanced Rehabilitation Medicine. All personnel are able to demonstrate their awareness of the rights of the patients as well as their own rights.

PROCEDURE

The "scope of services" includes, but is not limited to:

1. **Population Served:** The Bannasch Institute for Advanced Rehabilitation Medicine is a 32-bed inpatient rehabilitation unit (IRF) that provides comprehensive integrated inpatient rehabilitation services to the adult population after events such as stroke, traumatic and non-traumatic brain and/or spinal cord injury, and major multiple traumas.

2. **Setting:** The Bannasch Institute for Advanced Rehabilitation Medicine is located on the 6th floor of the Lakeland Regional Health Medical Center in Lakeland, FL. The unit has 32 private rooms, each with a private, accessible bathroom with tub/shower. Two of the 32 rooms are able to accommodate bariatric consumers. One of the 32 rooms can be used as ADL apartment for advanced ADL training. The facility also includes a therapy gym, daily living area, a meditation room, communal dining area, private therapy areas and meeting rooms and an outdoor therapy area on the first floor of the Medical Center.
3. **Referrals and Admission Process:** Patients may be referred for admission by a variety of sources, including: physicians, discharge planners, allied health professionals, third party payers, patients, or family members. In order to be considered for admission, detailed medical information will need to be provided via electronic access or fax so that the patient's current status can be reviewed to determine appropriateness for admission.
4. **Hours/Days of Service:** The program provides specialized rehabilitative care twenty-four hours per day, seven days per week. Since patients are required to participate in an intensive therapy program, with a minimum of 3 hours of therapy at least 5 times per week, an adequate number of physical, occupational, and speech therapy staff are scheduled to provide services seven days per week, including weeks that include holidays. All staffing patterns consider census, patient diagnoses, acuity, and intensity of services required, as well as state practice act guidelines for each discipline. Contract or float staff are also available to assist with needed staff coverage when appropriate.
5. **Funding of Services and Fees:** Patients admitted to the Bannasch Institute for Advanced Rehabilitation Medicine will have funding for the services provided or will be admitted without funding with approval of IRF administration. The program/hospital accepts Medicare, Medicaid, and funding from other third-party payers that contract with the hospital for medical rehabilitation services. A list of third-party payers is on file with the Hospital's Managed Care Department or Contract Matrix on the Lakeland Regional Health Intranet. Unless specified in contractual agreements with any third-party payers, no additional fees are charged to the patient or payer beyond the agreed upon or government prescribed amount.
6. **Services Provided:** The Bannasch Institute for Advanced Rehabilitation Medicine provides 24-hour medical and nursing care; 7-day per week therapy services including occupational therapy, physical therapy, speech language pathology; Care coordination/Social work services. Additional services are available onsite through the Lakeland Regional Health Medical Center via internal referral and are provided as needed. Services include but are not limited to medical services, nutrition services, psychology/neuropsychology, psychiatry, respiratory therapy, pharmacy, laboratory services, diagnostic radiology, and pastoral care services. Non-urgent needs are usually served within 24-48 hours; Emergency care is available 24/7. Orthotic/prosthetic care is available via external referral.
7. **Physician Services:** Services are provided by a Physical Medicine and Rehabilitation Physician who serves as Medical Director and physicians who, either through education

or training and experience, have expertise in the medical management of inpatients requiring rehabilitation services. Other physician specialties are provided on a consulting basis when ordered by the attending physician.

8. **Rehabilitation Disciplines:** Services are provided by rehabilitation nurses, rehab coaches, and therapy staff, including occupational therapists, certified occupational therapy assistants, physical therapists, physical therapist assistants, speech language pathologists, and care coordinators.

Additional program parameters include:

1. **Ages Served:** Patients who meet IRF admission criteria and who are aged 18 years through advanced geriatric years are eligible for admission.
2. **Culturally-Sensitive Care:** The Bannasch Institute for Advanced Rehabilitation Medicine is able to provide services to patients with special cultural, religious, pastoral, and spiritual support services and dietary expectations. All team members are trained on the importance of cultural awareness and how inclusion is critical to providing an exceptional patient and family experience. The program is able to coordinate with the Lakeland Regional Health pastoral care department as needed. There are resources available that outline several different cultural backgrounds and community diversity. The Bannasch Institute for Advanced Rehabilitation Medicine has available twenty-four hours per day, seven days per week translation lines with an interpreter who can assist with any communication or language need of our patients including but not limited to: Limited English Proficiency (LEP), deaf, hard of hearing, interpretation of oral communication, translation of written documents, signage or symbols for way-finding.
3. **Medical Acuity/Stability:** The Bannasch Institute for Advanced Rehabilitation Medicine provides rehabilitative services to patients who have experienced a loss of function due to illness, injury, surgery, or medical conditions of recent onset and progression. Admission criteria for IRF require that patients have acute medical needs that require 24-hour physician availability and care and that the degree of involvement required is greater than that provided to a patient in a skilled nursing facility. The program also requires that patients must be “medically stable” before admission. Patients are considered to be medically stable if their medical problems and comorbidities can be safely and efficiently managed while participating in an intensive rehabilitation program.
4. **Medical/Rehabilitative Parameters.** The Bannasch Institute for Advanced Rehabilitation Medicine is not adequately equipped for and does not admit patients with the following conditions:
 - Who require ventilator support
 - With traumatic brain injury at the Rancho Los Amigos Cognitive Level 3 or below (Rancho Los Amigos Cognitive Level 4 will be considered on a case by case basis.)
 - Who have acute burns over 30% of body surface
 - With complete spinal cord injury at T6 and above (cephalad). T7 and below

(caudal) will be considered on a case by case basis; Note that the Bannasch Institute does admit patients with incomplete spinal cord injuries and is able to treat related comorbidities for the admitted population.

The Bannasch Institute for Advanced Rehabilitation Medicine does not typically admit patients with the following conditions, based on the unique needs of the patient population:

- Behavioral: Patients experiencing delirium tremens, who are actively psychotic, or whose aggressive or self-destructive behavior cannot be contained without physical restraint or major chemical restraint will not be accepted into the program.
- Patients who are actively suicidal
- Patients who are post-transplant
- Patients who have cognitive limitations that are not likely to improve during the rehabilitation stay that limit their participation in the program

5. **Intended Discharge/Transition Environment:** The goal of the Bannasch Institute for Advanced Rehabilitation Medicine is that patients admitted will return to the community upon discharge; thus, patient participation and progress during the intensive program are taken seriously. Admission criteria for IRF require that patients admitted are reasonably expected to actively participate in and benefit significantly from the intensive rehabilitation therapy program. Further, it is expected that the patient's status is such that it can reasonably be expected that the patient make measureable improvements of practical value within a prescribed period of time (usually about 2 weeks).

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REFERENCES

1. 42 CFR 412.23 Coverage Criteria Requirements
2. CMS Publication 100-02: Medicare Benefits Policy Manual 2010. Sections 110.21 and 110.24
3. CARF Medical Rehabilitation Standards Manual 2017-2018. Sections 2.A.1 through 2.A.3; 2.B.1