PURPOSE
To prevent transmission of pathogenic microorganisms in community settings; to provide guidelines for proper hand washing and decontamination of hands.

POLICY
Proper hand washing with soap and water and decontamination of hands with a waterless antiseptic agent is performed according to the following procedure.

HAND HYGIENE USING SOAP AND WATER
Proper hand washing with soap and water and decontamination of hands with a waterless antiseptic agent is performed according to the following procedure.

1. Turn water on and wet hands and wrists thoroughly under running water
2. Apply one pump of soap and lather thoroughly
3. Rub hands together using lather and friction for at least 20 seconds
4. Rinse hands and wrists thoroughly
5. Dry hands and wrists thoroughly then use a dry paper towel to turn off the faucet and open the door

For additional information or questions, please e-mail COVIDsafe@myLRH.org.
HAND HYGIENE USING HAND SANITIZER

1. Dispense one pump of product onto palm of hand
2. Rub hands together covering all surfaces of the hands and fingers
3. Continue rubbing hands together until the alcohol is dry (20-30 seconds)

FINGERNAIL MAINTENANCE

Cleaning of fingernails:

- Attention must be given to cleaning around the base of the nails and cuticles, as well as the undersides of nail tips when washing hands.
- Tips and edges of fingernails are a frequent site of bacterial and fungal colonization

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